

# Tuesday Tune-Up 5km Results

Oct/Nov 2019



5km Course Records		
Reid Livingston	16:08	5/11/19
Sophie Hogan	20:29	6/11/18

5km This Series Best		
Reid Livingston	16:08	5/11/19
Nicole Sattler	21:02	22/10/19

Place	Name	Gender	8-Oct	15-Oct	22-Oct	29-Oct	5-Nov	12-Nov	19-Nov	26-Nov	Series Best	Last Series Best	Beat Last	Beat This	# Events	Series Points
1	Reid Livingston	M					16:08				16:08		0	0	1	1
2	Gene Court	M					17:18				17:18		0	0	1	1
3	Erwin Blokker	M	20:45	21:05	20:28	20:07	20:34				20:07	19:32	0	4	5	9
4	Kate O'Malley	F	22:39		21:17		21:26				21:17	20:32	0	2	3	5
5	Steve Charles	M				21:14	21:28				21:14	19:00	0	0	2	2
6	Sarah Nilsson	F	22:07		22:28	23:54	21:46				21:46	21:50	3	3	4	10
7	Campbell Roberts	M			22:40		21:59				21:59	22:04	3	3	2	8
8	Jake Jacobs	M	21:39		20:59	21:57	22:28				20:59	19:16	0	2	4	6
9	Eric Phimister	M			23:05		22:32				22:32	21:59	0	3	2	5
10	Devon Williams	M	21:50	24:00	22:05	22:19	23:34				21:50	27:12	4	0	5	9
11	David Kay	M		24:32		23:11	23:43				23:11	23:09	0	2	3	5
12	Andrew Donnelly	M			22:49	22:55	23:53				22:49	23:17	4	0	3	7
13	Heath Faulknor	M			24:09	24:09	23:58				23:58		0	3	3	6
14	Steven Heap	M					25:02				25:02		0	0	1	1
15	Eleisha Sanderson	F					25:05				25:05		0	0	1	1
16	Katherine Siller	F	28:06				25:45				25:45		0	3	2	5
17	Lachie Harkness	M			26:19		25:46				25:46	24:34	0	3	2	5
18	Glen Harkness	M			26:21		25:48				25:48	22:32	0	3	2	5
19	Chris Beckman	M				25:44	26:45				25:44		0	0	2	2
20	Mandy Lambert	F				34:25	26:47				26:47		0	3	2	5
21	May Pimblett	F					26:52				26:52		0	0	1	1
22	Lance Pearson	M	24:04	26:03	26:15		27:29				24:04	26:52	4	0	4	8
23	Amanda Roborgh	F	27:28			27:39	27:38				27:28	27:48	4	0	3	7
24	Bez Collins	M					27:45				27:45		0	0	1	1
25	Tim Mason	M	29:44		28:20	26:13	27:49				26:13		0	4	4	8
26	Ken McLaren	M					28:18				28:18	25:06	0	0	1	1
27	David Barker	M		29:38	28:08	27:31	28:22				27:31		0	4	4	8
28	Karen Beckman	F				28:00	28:27				28:00		0	0	2	2
29	Trish Cummins	F	30:03	29:41	29:18	28:39	28:49				28:39	28:23	0	5	5	10
30	Roslyn Mann	F	28:31				29:08				28:31		0	0	2	2
31	Ken Sanderson	M	31:02	30:43	30:19	30:05	29:46				29:46	30:43	4	8	5	17
32	Keith Vincent	M			33:09	31:40	31:48				31:40	31:18	0	2	3	5
33	Tan Ching	F			37:37		33:07				33:07		0	3	2	5
34	Isabella Carrick	F					34:15				34:15		0	0	1	1
35	Camille Lowe	F			31:53	31:50	35:17				31:50		0	2	3	5
36	Liana Gerbes	F	35:18	32:15			36:37				32:15		0	1	3	4
37	Chris Gerbes	M	35:18	34:55			36:38				34:55		0	1	3	4
38	Sarah Lee	F	36:08		37:00	35:45	38:19				35:45	32:28	0	2	4	6
39	Hans Rombouts	M					39:17				39:17		0	0	1	1
40	Leanne Harkness	F			46:38		40:52				40:52	39:50	0	3	2	5
41	Sheila Smidt	F					44:43				44:43	38:40	0	0	1	1
42	Viv Maher	F		47:15	46:15	45:37	46:11				45:37	46:08	4	4	4	12
43	Nicole Speakman	F	45:44		46:53	45:35	46:13				45:35	46:07	4	2	4	10
44	Ginny Robertson	F	45:42	47:15	46:16	45:38	46:14				45:38	46:07	4	2	5	11
45	Megan Bigg	F	44:49	44:58	45:12	44:11	51:13				44:11	43:25	0	2	5	7
46	John Rhodes	M	30:44	32:01	29:16	30:09	51:15				29:16	29:01	0	2	5	7
47	Jonathan Moore	M			25:01	19:41					19:41	18:22	0	2	2	4
48	Giles Pearson	M				19:46					19:46	20:57	4	0	1	5
49	Campbell MacDonald	M			20:47	20:22					20:22		0	2	2	4

Place	Name	Gender	8-Oct	15-Oct	22-Oct	29-Oct	5-Nov	12-Nov	19-Nov	26-Nov	Series Best	Last Series Best	Beat Last	Beat This	# Events	Series Points
50	Janna Gudsell	M				20:32					20:32		0	0	1	1
51	Paul Sherwood	M			21:02	21:04					21:02	21:21	4	0	2	6
52	Nicole Sattler	F	21:48	22:44	21:02	21:13					21:02	22:21	4	2	4	10
53	Sophie Dunnett-Welch	F	23:17		22:22	22:17					22:17		0	4	3	7
54	Lucas Pickering	M			23:18	22:48					22:48		0	2	2	4
55	Andy Pickering	M				22:50					22:50		0	0	1	1
56	Roger Morrison	M	24:46			23:45					23:45	23:44	0	2	2	4
57	Sacha Pickering	M				25:20					25:20		0	0	1	1
58	Caleb Arrowsmith	M	26:19			26:25					26:19	23:08	0	0	2	2
59	Josh Arrowsmith	M	26:28			26:55					26:28		0	0	2	2
60	Dylan Steyn	M				27:13					27:13		0	0	1	1
61	Alana Steyn	F			21:40	27:15					21:40		0	0	2	2
62	Boyd Hawkins	M	26:16			27:27					26:16	25:24	0	0	2	2
63	Phillipa Layton	F	29:28		29:00	28:18					28:18		0	4	3	7
64	Michelle Goldsmith	F	30:51	30:52	30:28	29:03					29:03	28:09	0	4	4	8
65	Gina Finlayson	F				31:52					31:52	30:29	0	0	1	1
66	Joff Hulbert	M	32:47		34:02	34:12					32:47	30:45	0	0	3	3
67	Julie Cummins	F	37:15	39:22	36:06	35:41					35:41	34:54	0	4	4	8
68	Liz Walls	F	45:39		42:28	41:46					41:46	41:18	0	4	3	7
69	Mark Speakman	M	45:46			45:41					45:41	22:58	0	2	2	4
70	Dougie Kyle	M			19:35						19:35	19:42	4	0	1	5
71	Connor Heywood	M	21:47	21:31	20:36						20:36		0	3	3	6
72	Mark Fisher	M	19:07	20:18	21:03						19:07		0	0	3	3
73	Alan Dibley	M	23:04	23:24	22:35						22:35		0	2	3	5
74	Jamie Dunnett-Welch	F	24:05		23:12						23:12		0	2	2	4
75	Bruce Richardson	M			23:20						23:20	30:52	4	0	1	5
76	Blake Richardson	M			26:11						26:11	28:23	4	0	1	5
77	Jen Hope	F			27:19						27:19		0	0	1	1
78	Scott Dunnett	M	28:18		27:27						27:27	25:42	0	2	2	4
79	Katie Edmead	F			28:42						28:42		0	0	1	1
80	Marie Muhl	F			28:43						28:43		0	0	1	1
81	Seb Nilsson	M	31:16		28:50						28:50		0	2	2	4
82	Jenny Pearson	F			29:02						29:02		0	0	1	1
83	Megan Pickering	F			32:03						32:03		0	0	1	1
84	Shontelle Holley	F	36:33		34:46						34:46		0	2	2	4
85	Jennifer Cameron Frost	F	36:32		34:47						34:47		0	2	2	4
86	Jackie Gibson	F	51:14		51:01						51:01		0	2	2	4
87	Kate Woodhall	F			51:02						51:02		0	0	1	1
88	Claire Woodhall	F			51:03						51:03		0	0	1	1
89	Jocelyn Hastie	F			51:03						51:03		0	0	1	1
90	Katrin Struben	F										32:24	0	0	0	0
91	Robert Strong	M		22:43							22:43	20:35	0	0	1	1
92	Stacey Fisher	F	26:22	27:19							26:22	27:28	4	0	2	6
93	Cody Munro	M		28:10							28:10	24:16	0	0	1	1
94	Kieron Moore	M	22:52								22:52	22:56	4	0	1	5
95	Charlie Faulknor	M	26:27								26:27		0	0	1	1
96	Craig Bryson	M	27:01								27:01		0	0	1	1
97	Jenny Todd	F	27:25								27:25	28:24	4	0	1	5
98	Carolyn Faulknor	F	29:03								29:03		0	0	1	1
99	Cathy Eru	F	51:12								51:12	52:14	4	0	1	5
100	Robyn Burns	F	51:13								51:13	52:13	4	0	1	5
101	Liana Williams	F	51:15								51:15		0	0	1	1
102	Annabelle McLean	F	51:16								51:16		0	0	1	1